

## HOW TO CHOOSE A STONE THAT IS A GOOD MATCH FOR YOU

People ask me “How do I choose a stone that is right for me?” Whether you are choosing a stone for your handiwork or for metaphysical reasons, the process is a personal choice based on esthetics and intuition. But did you know there is also a logical method of narrowing down your perfect match?

The stones created in “Mother Earth’s magical garden of gemstones” are composed of chemical elements and were made with the help of classical elements: *air, water, earth & Fire*. For these reasons, we are able to classify stones according to what chemical elements are present in them, what environment they were created in (or found in) and what classical element they were created by. [E.g. Gems from Alluvial and hydrothermal deposits are largely associated with water elements. Metamorphic formed gems, kimberlites, pegmatites and magmatic gems are closely associated with a fire element. Extraterrestrial gems are associated with atmospheric influences. Organic gemstones are closely associated with an earth element.]

Because stones are formed with the help of all the classical elements, some stones can have mixed traits. But for the purpose of categorizing into matching personality types, their strongest associations are isolated here. There are a few that have very strong associations in two, three, or four categories; therefore, you will find them listed accordingly. For instance diamonds have strong associations in all four categories. Diamonds were formed, under extreme heat conditions, deep within the Earth’s mantle. Recent studies have shown that diamonds had origins stemming from space, in relation to the “big bang” theory. Interestingly, diamond material is also found in some meteorites and in locations where massive meteorites collided with the planet. Diamonds are largely made up of the element Carbon, as is the Earth and we humans. So it comes as no surprise that diamonds are highly prized and the chosen gem to represent the strongest of bonds.

We humans are made up of elements too and, according to ancient school of thought, our personalities are driven by the forces of nature. It is by no accident that many fictionalized heroes and villain’s characters are largely based on the traits of the four classical elements. Although our personalities are complex, we can find similarities between our character traits and the personalities of the classical elements. And like stones we can have mixed traits too.

Do you want to choose stones that best resonate with your elemental personality? Use the chart below to help you determine what element your personality is most like and what \*corresponding stones you can find in my shop. You don’t need to match every single trait; simply find the best fit and have fun.

**AIR:** *“Sometimes gentle, sometimes capricious, sometimes fierce, never the same for two months together; almost human in its passions, almost spiritual in its tenderness, almost Divine in its infinity” – The true and the Beautiful—the sky. / Bayard Ruskin.*

My personality is as vast as the sky. My spirit knows no boundaries. My thoughts & emotions run as deep as the midnight sky and are as bright as the morning sun; therefore, I have equal, light and dark, personality traits. I am complex. I am an enigma.

- I am a dreamer. I see the world through rose-colored glasses.
- I can run hot or cold and make no attempt to disguise my feelings.
- I may be “off in another world” at times. This will distract me and lead me to behave inappropriately, seem fickle, superficial or impractical.
- The stars & faraway places mesmerize me. I have traveled and always have the urge to continue my journey. I like to live and travel lightly. Material objects do not bind me.

- I have lofty ideas.
- I am a person of honor.
- Like the wind, I am an ever changing & unpredictable. My interests are always varied which keeps me busy. My energy can be boundless.
- I am an intuitive, empathetic & sensitive person.
- I am well suited working in the arts or with people.
- I have a lightning-fast impetuous & spontaneous nature, I'm often "flying by the seat of my pants" and I love "winging it". .
- Like life giving air, I am nurturing and giving. I am a motherly type.
- My free spirit tends to blow with the wind.
- I am poetic and I hear poetry on the wind.
- I am artistic. Like rainbows & the Aurora Borealis, I paint colors into my surroundings. I am inventive and a consummate creator; my ideas seem to materialize out of air.
- I enjoy solitude but not being solitary. I need communication with the world around me; therefore, I am an oral communicator and a writer.
- Like a summer's rain, I can easily shed a tear.
- I can be beautiful yet treacherous if my path is crossed.
- It is not in my best interest to be harnessed. I hate to be restricted. Freedom of thought and movement are my most cherished desires.
- I am a sensual, exotic, tender & passionate creature. I love very deeply and crave love and adoration.

I am most attracted to EARTH and FIRE personalities. An EARTH personality is my equal and my opposite.

Stones that have a strong background relating to AIR				
Himalayan Quartz	Brazilian Quartz from Minas Gerais	Libyan Desert Glass	Moldavite	Pallasite Meteorites
Stony or Iron Meteorite	Tektite	Ventrifact Plateau Wind Polished Stones	Columbian Emerald	Diamond
Andean Blue Opal	Gobi Agate	Muscovite		

**FIRE:** *"Some say the world will end in fire. Some say in ice. From what I've tasted of desire, I hold with those who favor fire" –Fire and Ice/ Robert Frost*

You cannot overlook a fire. I am not subtle; I am rather intense. I require attention. My personality, like fire, is blazing. I am strong and in control. I enjoy being in the "hot spot".

- I enjoy being in the "limelight" and have a need for recognition.
- I am confident, proud and I have a lot of integrity.
- I have a "take charge" attitude and am well suited for managerial occupations & leadership.
- I have talent and charm.
- I am often musically inclined.
- I manage my time well but I often do not make enough time for others.
- I have a lot of tenacity. I have a lot of energy. I do not tire easily. (Other people look to fire people as their "energy boosters".)
- I have a lot of enthusiasm and motivation.

- I can seem arrogant and self-centered at times because of my drive.
- I am well developed spiritually and have strong beliefs.
- Although I am empathetic, I have little patience for emotional heaviness or drama and I seem insensitive to over emotional people.
- I am good natured and often a chief source of goodness around me. I am most interested in the well-being of people. It is possible that I may become preoccupied with conquering evil.
- I can be quite volatile but I strive to keep my temper in check.
- I can be competitive especially around an EARTH personality.
- I can be creative in the sense that I like to fix things, restore things and give new life to old things. On the other hand, I can put material objects to their death without an emotional struggle. I do not place a lot of importance on temporal objects as they are easy for me to acquire. Being over-desirous is my downfall.
- I am a very passionate lover and can be quite protective.
- I must remind myself “fire and alcohol do not mix”.

I am attracted to an AIR personality. If not careful, I can easily consume my partner. Ultimately I find myself better matched with a WATER personality. A WATER personality is my equal and my opposite.

Stones that have a strong background relating to FIRE				
Brazilian “Flash Stone”	Lava	Diamond	Moldavite	Pallasite Meteorites
Crystal Desert Florets (Chalcedony Rose)	Amethyst	Pyrite	Datolite	Morganite
Emerald	Garnet	Moonstone	Amber	Apatite
Hematite	Serpentine	Labradorite	Jasper	Agate Nodule
Obsidian	Sodalite	Rutile	Uvarovite	Pyrite
Peridot	Geode	Chalcedony Rose	Fire Agate	Pietersite
Stony or Iron Meteorite	Tektite	Kornerupine	Sinhalite	Chrysoberyl
Tanzanite	Tourmaline	Oregon Sun Stone	Zircon	Rock Crystal Quartz
Vesuvianite	Topaz	Ruby	Jadeite	Amazonite
Volcano Bomb Spatter				

**WATER:** *“A lake is the landscape’s most beautiful and expressive feature. It is earth’s eye; looking into which the beholder measures the depth of his own nature”. –Henry David Thoreau*

I have an outgoing personality and love to socialize. Other people enjoy my company. I give a lot of life to the party. I can be very agreeable on the surface but deep and dark underneath. Like the water in an ocean, I can conform to what’s around me.

- I am intense. Deep emotional personal conversations & relationships is what motivates and stimulates me. I have a tendency to be so emotional that it’s overpowering.
- I enjoy sensationalism and am probably a bit dramatic at times. In fact, it’s easy to become so emotional that the simplest things can get blown out of proportion.
- I am sensitive to a fault, and often more concerned with your feelings and needs than my own to the point of martyrdom.

- I mean well by those around me and can be very giving often forgetting my own needs.
- I often feel as though I am “dogpaddling” through life because I have a tendency to let my emotions rule the course of the day. Because of this, others may feel they need to play the role of a lifeguard around me.
- I often explore the depths of my nature and others around me. Because of this, I can be critical.
- I love every aspect of nature. I love to create objects of art using what Mother Nature has provided.
- I am drawn to the water and strive to live near water despite the fact that I may not be a strong swimmer.
- Everything seems to touch me. I am very intuitive and sometimes my intuitiveness can help or hinder if I’m not careful.
- Like the constant ebb and flow of water, I seldom rest by day or by night. I am always busy from early morning to late into the evening. I have many goals and dreams to conquer. I am a consomate dreamer.
- Even though I am outgoing, I can be quite secretive and may take secrets to my grave or I may be dramatic and spill my secrets at my deathbed.
- When I can no longer withstand the emotions of the world, I often retreat into my own private world. I must take care not to let the problems of the world make me too emotional or I may become addicted to drugs, alcohol, food or anything that prevents me from sinking into the abyss.
- I am very important to my family and friends. I often am the “glue” that holds them together.
- I am attracted to temporal objects and am sometimes overpowered by the value I place on things.
- Trust is important to me. I must feel that I trust those around me.
- I have a strong need for stability and consistency to calm my “high seas”.

I am most attracted to a FIRE personality because I love the excitement (even though I know an EARTH personality would better “ground” me). A FIRE personality is my equal and my opposite.

Stones that have a strong background relating to WATER				
Enhydrous Quartz	Enhydrous Agate	Slag Stone	River, Lake & Sea Pebbles	Agate
Cave Pearl	Fairy Stone	Obicular Jasper	Crystal Rose Quartz	Pearl
Coral			Opal	Malachite
Azurite	Turquoise	Emerald	Tourmaline	Silicated Mud Crack
Gastropods	Carnelian	Chrysoprase	Chalcedony	Stalactite
Fossil Tampa Bay Coral	Ammonite	Brachiopod	Spiny Oyster	Shell
Fossil Star Fish	Blastoid	Whale Tooth	Shark Teeth	Garfish Scale
Amethyst	Quartz	Ametrine	Citrine	Trapiche Emerald
Popcorn Tourmaline	Aquamarine	Goeshenite	Heliodore	Diamond
Ammolite/Ammonite	Herkimer Diamond	Cape May Agate	Megalodon Tooth	Shark Teeth
Fuchsite				

## **EARTH:** *“Give me a firm place to stand, and I will move the earth”. – Archimedes*

I am like a rock. I have a very strong, solid & stable personality. I am consistent and sometimes rigid. Once I make up my mind, like mountains I cannot be moved without a huge effort. I am practical, patient, reasonable, logical, analytical and persistent.

- I am very basic. I see things as black and white with little room for gray.

- I am well suited for a hands-on type job. If you want to make sure a project gets done and gets done "right" call, on me. I will stick with it until the bitter end.
- I am a natural leader. Others look to me for leadership and stability.
- I tend to take things seriously.
- I am not one for spontaneity or flexibility.
- I am not overly sensitive or over emotional.
- I am not much one for the limelight and I have little need for recognition.
- I may find myself “stuck” with old routines to the point of impracticality.
- I do not like change and may be cautious when starting something new. If I'm not careful, I can be very cautious to the point of missing a great opportunity.
- I can be very conventional.
- I don't enjoy moving. Staying put is my preference.
- I am a “well grounded” person and other's look to me for stability and strength.
- I stand firm in my beliefs. People look up to me and often they will come to me for sound advice.
- I am competitive especially around a FIRE personality.
- I enjoy a monogamous relationship. I am a trustworthy and faithful lover.

I am most attracted to an AIR personality although I am well suited for a WATER personality as well. An AIR personality is my equal and my opposite.

Stones that have a strong background relating to EARTH				
Quartz	Agate	Stromatolith	Jet	Amber
Petrified Wood	Sahara Desert Nodule	Coprolite	K-2	Gold in Matrix
Fossil Plant Bulb	Fossil Pinecone	Stegodon Bone	Diamond	Ferruginous Quartz
Dinosaur Bone	Slag Stone			

\*Note that this is not an exhaustive list of every gemstone, simply the ones I sell or have sold and I will be revising this list as needed. The science of geology is complex and many geological occurrences and mixes of elements go into the making of stones. This list shows a simplified categorization of some that have STRONG relations to these four elements.